

9:41



FaceTime



Calendar



Photos



Camera



Mail



Notes



Reminders



Clock



News



TV



Games



App Store



Maps



Health



Wallet



Settings

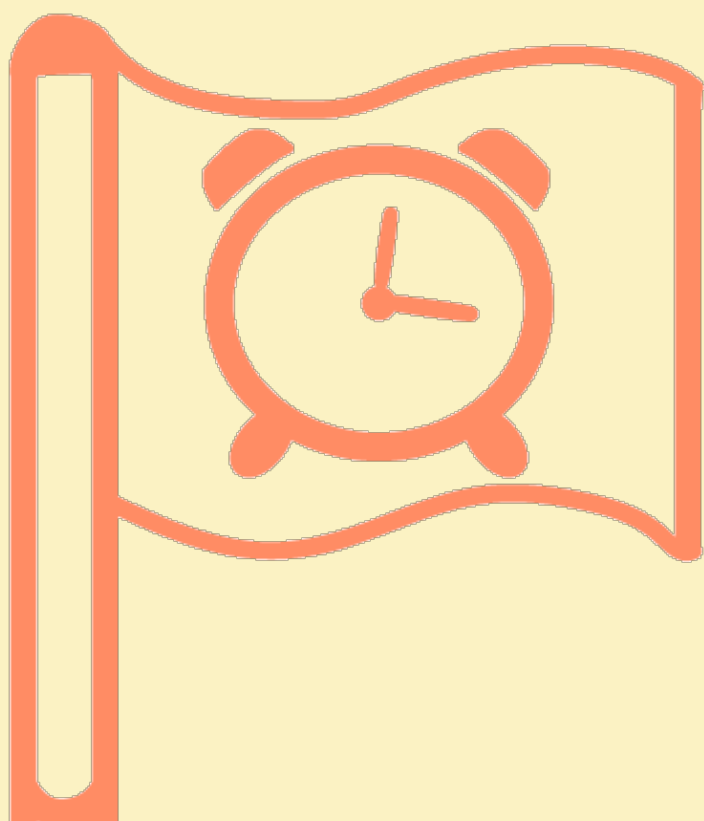


Procrast-i-nation

Search



PROCRAST -I- NATION





Home



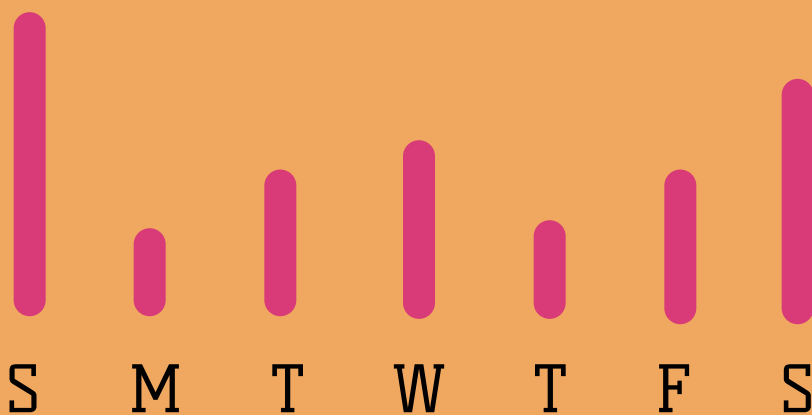
YOUR STATS: **LEVEL 35**

You have unlocked "professional sloth" not sure if that should be an accomplishment.

wow... procrastination level 35

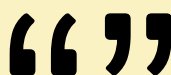
Thats like... **5 hours per day** of screen rotting.. Imagine how much homework you could have gotten done.

Screen time



Daily quotes

"You may delay, but time will not," by Benjamin Franklin





Screen time



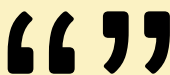
Your most used app on Sunday, Wednesday and Friday was Instagram! Does that make you feel productive? ...thought so.

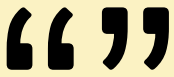
Want to put your phone down more often?

[Click here to check out some tips!](#)

Need more motivation?
Try out our new game!

[Avoid the Void](#)





Today's Quote

"You may delay, but time will not,"
by Benjamin Franklin

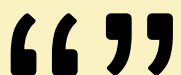
More motivational quotes

"Procrastination is the grave in
which opportunity is buried." by
Unknown Quotes

"You don't have to see the whole
staircase, just take the first step"
by Martin Luther King Jr

"The greatest amount of wasted
time is the time not getting
started." by Dawson Trotman

"You cannot escape the
responsibility of tomorrow by
evading it today." by Abraham
Lincoln



Tips



Admit that you're procrastinating

Identify your daily goals.

Set specific goals

Set realistic goals

Include easy tasks

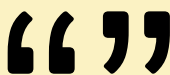
Find your productive flow

Include accountability

Factor in room for faults

Reward yourself

Hold Yourself Accountable



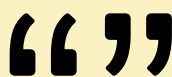
Avoid the Void



High score : 1290 !!

PLAY!!

Avoid the Void is a minigame using your top used apps and ways you procrastinate as icons. To avoid the procrastinations, tap to jump!



Avoid the Void

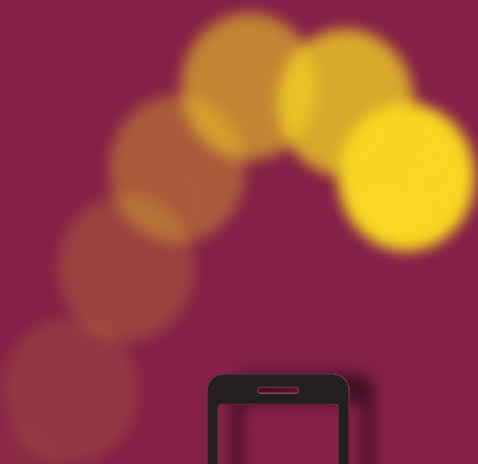


← Back

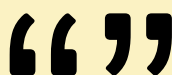
+340 points



1:03



Avoid the
procrastinations!





Settings



Personal Account

Color Theme

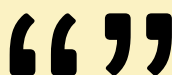


Notifications

Privacy & Security

General

Family Sharing

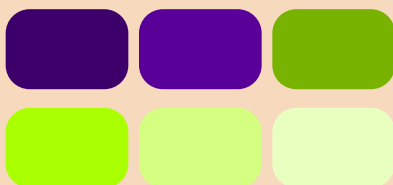
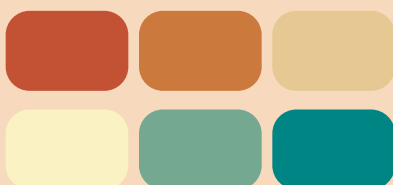
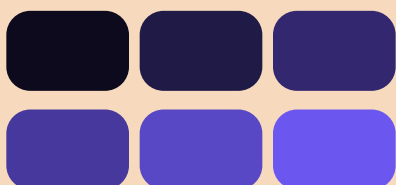
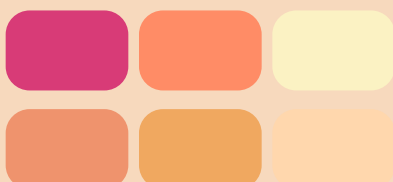
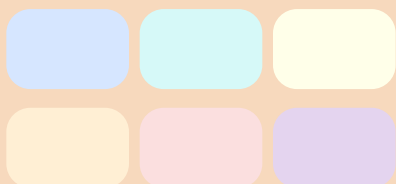
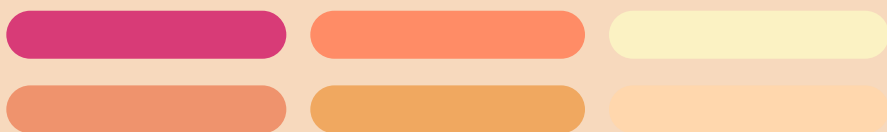




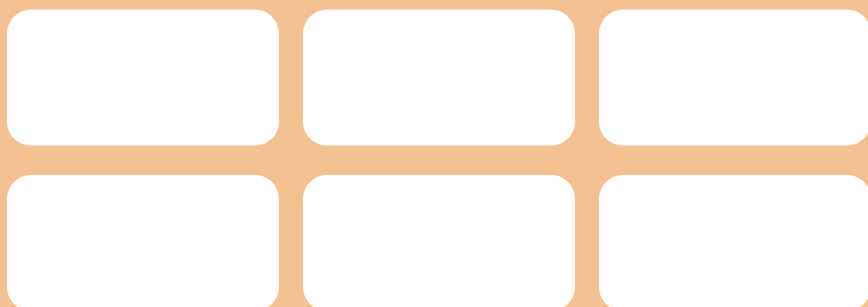
Color theme



Selected



Create your own!



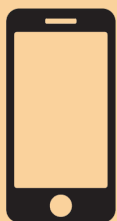
“ ”



Notifications



Display as:



Count



Stack



List

Show previews ☒

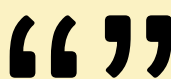
Announcements ☐

Siri suggestions ☐

Screen sharing ☒

Test alerts ☐

Summary ☐





Privacy and Security



Data access

Location

Phone tracking

Contact sharing

Safety check

App privacy reports

Passcodes

Payments

Sign out

